



Christine L. Hein, MD, FACEP

Chief Wellness Officer, MaineHealth

Associate Professor of Emergency Medicine, Tufts University School of Medicine

Dr. Christine L. Hein is the Chief Wellness Officer for MaineHealth, where she leads system-wide efforts to enhance the well-being and professional fulfillment of physicians and healthcare teams. Since becoming the inaugural Chief Wellness Officer at Maine Medical Center in 2019—later expanding her role to the entire MaineHealth system—she has been instrumental in developing comprehensive strategies that support clinician resilience, peer support, and a culture of care across the organization.

Dr. Hein brings a strong foundation in clinical excellence and leadership, having served for a decade as Associate Director of Emergency Medicine at Maine Medical Center. She later became Medical Director of the Provider Wellbeing and Peer Support Program, where she advanced initiatives to address burnout and strengthen community among healthcare professionals. Her leadership is informed by national collaboration, including her participation in the Stanford Chief Wellness Officer Course and the Collaborative for Healing and Renewal in Medicine (CHARM) network.

In addition to her leadership in well-being, Dr. Hein is an Associate Professor of Emergency Medicine at Tufts University School of Medicine and continues to practice emergency medicine. She is deeply committed to medical education, mentoring residents and students while fostering a supportive and engaging learning environment. Recognized for her excellence in teaching, she was named the American College of Emergency Physicians National Teacher of the Year in 2009.

Dr. Hein’s professional focus centers on integrating well-being into the core of healthcare delivery, ensuring that clinicians are supported to provide high-quality, compassionate care while sustaining meaningful and fulfilling careers.

