



Laurie Gregg, MD, FACOG, MSCP, CPE, DipABLM, DipABOM

Chief Well-being Officer, Sutter Independent Physicians
Chief Well-being Officer, Sutter Medical Center Sacramento

Dr. Laurie Gregg has served as Chief Well-being Officer for Sutter Independent Physicians since 2019 and expanded her leadership in 2025 to include Sutter Medical Center Sacramento. She leads strategic initiatives to enhance physician and healthcare workforce well-being across both ambulatory and hospital settings, with a focus on fostering professional fulfillment, resilience, and sustainable clinical practice.

A recognized leader in physician well-being, Dr. Gregg is faculty for the American Association of Physician Leaders, where she facilitates workshops across the United States on building effective well-being programs within healthcare organizations. Her work equips leaders with practical tools to address burnout, strengthen engagement, and create supportive care environments.

Dr. Gregg’s influence spans the outpatient clinic, hospital, and broader health system, as well as national specialty organizations. She is a strong advocate for peer support as a foundational element of clinician well-being, championing initiatives that promote connection, psychological safety, and a culture of care among healthcare professionals.

Her professional focus centers on advancing well-being as a strategic priority in healthcare, aligning organizational performance with the needs of the workforce to improve both clinician experience and patient care outcomes.

