



Egidio Joseph da Silva, MD

Consultant Anaesthetist

Specialist in Peri-operative Medicine for Orthopaedic and Spinal Surgery

Dr. Egidio Joseph da Silva is a Consultant Anaesthetist with a specialist focus on peri-operative medicine in orthopaedic and spinal surgery. His clinical work centres on the assessment and optimisation of complex surgical patients, with particular expertise in risk stratification, frailty, and peri-operative pathways designed to improve patient outcomes and healthcare system performance.

He combines extensive clinical practice with academic and professional contribution. His work includes involvement with the British Society of Anaesthetists and authorship of national guidance in peri-operative care. His professional interests focus on advancing evidence-based practice, patient safety, and the development of high-reliability peri-operative systems.

Alongside his clinical work, Dr. da Silva is actively engaged in postgraduate education and the training of healthcare professionals in peri-operative medicine and anaesthesia. He is committed to supporting the development of multidisciplinary approaches that strengthen quality of care for patients undergoing major orthopaedic and spinal procedures.

A distinctive aspect of his professional practice is his emphasis on reflective clinical performance. He regularly undertakes self-audit and carefully evaluates the emotional and cognitive demands of clinical work, with the aim of maintaining professional resilience, sound judgement, and sustained effectiveness both in clinical practice and daily life.

