

Asta Medisauskaite, PhD

Principal Research Fellow

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Dr. Asta Medisauskaite is a Principal Research Fellow at UCL Medical School, University College London, and a Fellow of the Higher Education Academy. She is an organisational psychologist whose research focuses on understanding and improving the occupational health, wellbeing, and working conditions of healthcare professionals, particularly medical doctors.

Dr. Medisauskaite obtained her PhD in Organisational Psychology from Birkbeck, University of London, where her doctoral research explored factors influencing physician wellbeing and strategies for improving occupational health within healthcare settings. Her work has contributed to a growing evidence base on clinician wellbeing, workforce sustainability, and the organisational factors that influence healthcare professionals' performance and quality of life.

Alongside her research activities, she has held a number of academic teaching positions across leading UK institutions. These include serving as a Lecturer on the Research Methods Module at the University of East London, Guest Teacher in Human Resource Management at the London School of Economics and Political Science, and Associate Tutor at Birkbeck, University of London.

Dr. Medisauskaite holds a Graduate Certificate in Teaching and Supporting Learning and was awarded Fellowship of the Higher Education Academy in recognition of her contributions to higher education and academic development.

Her research interests include occupational health, workplace wellbeing, organisational psychology, healthcare workforce sustainability, and the development of evidence-based interventions that support healthier and more effective healthcare environments. Through her research, teaching, and collaborative work, she continues to contribute to improving the wellbeing of healthcare professionals and the systems in which they work.