

Irina Korman, MD

Internal Medicine Physician

Member of the Board of Directors, Sierra Foothills Medical Society, Sacramento, California

Member of the Advisory Committee of the Joy of Medicine Program, Sierra Sacramento Valley Medical Society, USA

Dr. Irina Korman is an Internal Medicine physician with a distinguished international and community-focused medical career spanning more than three decades. Originally from Ukraine, she began her medical education at Izhevsk State Medical Academy at the age of 17, following in her father's footsteps into medicine.

After graduating, she initially practiced as a Primary Care physician before completing a fellowship in Endocrinology. She subsequently worked both as a clinical endocrinologist and as a faculty member teaching medical students at Izhevsk State Medical Academy.

In 1992, Dr. Korman and her family immigrated to the United States as refugees. Following completion of her medical training in the United States, she established her practice as an Internal Medicine physician in the Sacramento area of California, where she cared for patients for 25 years before transitioning away from full-time clinical practice in 2023, while maintaining an active medical license.

Alongside her medical career, Dr. Korman has been deeply involved in physician leadership and professional wellbeing initiatives. She has served as a member of the Board of Directors of the Sierra Foothills Medical Society since 2011 and was President of the Society from 2022 to 2024. Since 2017, she has also been a member of the Advisory Committee of the Joy of Medicine Program of the Sierra Sacramento Valley Medical Society, supporting physician wellbeing, professional fulfilment, and healthcare workforce sustainability.

Dr. Korman remains committed to fostering compassionate healthcare communities and supporting physician wellness through leadership, mentorship, and advocacy. Outside of medicine, she enjoys playing the piano, writing short stories, travelling with her husband, and spending time with her family.