

Roxana Mittler-Matica, MD

Physician, board-certified neurosurgeon, Engineer, Chief Medical Officer, Germany

Dr. Roxana Mittler-Matica is a board-certified neurosurgeon, engineer, and healthcare executive serving as Chief Medical Officer at FormMed HealthCare GmbH. Her work sits at the intersection of clinical medicine, preventive health, longevity science, and systems-based healthcare innovation, with a focus on translating complex medical evidence into practical, patient-centred health strategies.

Drawing on her background in neurosurgery and engineering, Dr. Mittler-Matica is dedicated to advancing a shift from reactive disease management toward proactive, data-informed prevention. Her professional interests include personalised medicine, healthy ageing, micronutrient science, and the integration of evidence-based preventive approaches into everyday clinical practice.

At FormMed HealthCare, she leads the company's medical and scientific strategy, overseeing the development of evidence-based micronutrient concepts, medical education initiatives, and innovative approaches to personalised health. Her work combines scientific rigour with a strong commitment to improving patient outcomes through preventive and precision healthcare.

In addition to her clinical expertise, Dr. Mittler-Matica has experience in the development of digital healthcare pathways and innovative medical solutions, bringing together medical knowledge, technological insight, and strategic healthcare leadership. She is recognised for her ability to bridge clinical practice, scientific research, and healthcare innovation to support more effective and sustainable health systems.

Dr. Mittler-Matica represents a new generation of healthcare leadership - clinically grounded, scientifically precise, and committed to building intelligent, preventive, and human-centred models of care that promote long-term health and wellbeing.