

Shreedhar Aranganathan, MBBS, FRCS (Tr & Orth)

Consultant Spine Surgeon
United Kingdom

Mr. Shreedhar Aranganathan is a UK CCT-trained Consultant Spine Surgeon on the GMC Specialist Register, with extensive experience in the management of degenerative, traumatic, and complex spinal disorders. He has trained and worked across high-volume NHS tertiary referral centres, providing specialist care for patients with a broad range of spinal conditions while contributing to multidisciplinary decision-making and postgraduate surgical education.

His clinical practice focuses on minimally invasive and advanced spinal surgery techniques, with a particular interest in the development and application of endoscopic spinal surgery. He is committed to delivering safe, evidence-based care that supports faster recovery, reduced surgical morbidity, and improved patient outcomes.

Mr. Aranganathan has significant expertise in navigation-assisted spinal surgery, with more than five years of independent experience using advanced image-guided technologies. He has also undertaken specialised training in robotic spinal surgery, reflecting his commitment to innovation and the adoption of emerging technologies in spine care.

His areas of clinical interest include degenerative disorders of the cervical, thoracic, and lumbar spine, minimally invasive and endoscopic decompression procedures, spinal trauma, and revision spine surgery. In addition, he provides medico-legal reporting and expert opinion in complex spinal cases.

Alongside his clinical work, Mr. Aranganathan is actively engaged in surgical education, professional development, and collaborative initiatives that advance the quality and accessibility of modern spine surgery. His professional focus remains on combining technical excellence, innovation, and patient-centred care to achieve the best possible outcomes for individuals with spinal disorders.